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Most Senior Citizens Clubs offer individuals opportunities to meet others, to express themselves creatively to engage in social and recreational activities and often to provide essential social services to others

To assist you in discovering where the closest Senior Citizen Club is for you, a list of all Senior Citizens Clubs and Groups in Ontario is available from The United Senior Citizens of Ontario Inc., 105 - 4th Street, Toronto, Ontario M8V 2Y4.

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Elderly Persons Centres are clubs or services for Senior Citizens that are approved through the Ministry of Community and Social Services to receive provincial funding. More information about the locations of Elderly Persons Centres and how to establish them is available from Ms. Sylvia Hughes, Ministry of Community and Social Services, Senior Citizens' Bureau, 5th Floor, Hearst Block, Queen's Park, Ontario.

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"The Job of the Executive Officer" is a Training Manual of use to Individuals leading Senior Citizens' Clubs.
"Organizing Club Activities" is a resource book for organizing groups of older people. Both booklets are available from the "Sports and Recreation Bureau" Information Section, Ministry of Community and Social Services, 400 University Avenue, 24th Floor, Toronto, Ontario.

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Also be sure to contact your local YM-YWCA for appropriate information about Senior Citizens clubs affiliated with the "Y".